



Researchers at Northwestern University and the University of California San Francisco are testing a positive emotion skill-building program with family caregivers of people with Alzheimer's Disease.

Six weekly skill-building sessions are delivered via videoconferencing on a study-supplied tablet computer OR via a self-guided online program, so you may participate from a location of your choice.

For more information or to see if you are eligible to participate, please call or email us.

**The LEAF Study**

**(415) 514-2935 or (312) 503-5195**

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Caregiving   
can be stressful.



